



## Chocolate Lovers Flax Cookies

- 1 cup butter or margarine, softened
- $\frac{3}{4}$  cup brown sugar
- $\frac{1}{2}$  cup white sugar
- 1 - 4 oz. pkg. Chocolate Instant Pudding Mix
- 2 eggs
- 1 tsp. vanilla
- 2 cups all purpose flour
- $\frac{1}{2}$  cup **Natunola® health's delight Shelled Flax Meal**
- 1 tsp. baking soda
- 1  $\frac{1}{2}$  cups chocolate chips (2 cups for *true* chocolate lovers!)
- $\frac{1}{2}$  cup **Natunola® health's delight Shelled Flax Kernel**

Cream together butter and both sugars. Add in the instant pudding mix. Beat the eggs and add in the vanilla. Add to creamed mixture. In a separate bowl, sift together the flour, Natunola® health's delight Shelled Flax Meal and baking soda. Stir into creamed mixture until well blended. Add chocolate chips and Natunola® health's delight Shelled Flax Kernel. Drop mixture by tablespoonful onto greased cookie sheet. Bake at 375°F for 8 - 10 minutes.

Yields 24 to 30 cookies.

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