



Chocolate Oatmeal Flax Cookies

- 1 cup brown sugar
- 1 cup margarine or butter
- 1 cup white sugar
- 2 tbsp. milk
- 2 tsp. vanilla
- 2 eggs
- 1½ cups flour
- ½ cup **Natunola® health's delight Shelled Flax Meal**
- 1 tsp. baking powder
- 1 tsp. baking soda
- 1 tsp. salt
- 2 cups oatmeal
- 1 cup chocolate chips
- ¼ cup **Natunola® health's delight Shelled Flax Kernel**

Cream together brown sugar, margarine and white sugar. Add and stir in milk, vanilla and eggs. Mix in flour, Flax Meal, baking powder, baking soda and salt. Add oatmeal, chocolate chips and Flax Kernel. Drop mixture by teaspoonful onto ungreased cookie sheet. Bake at 350°F for 10 - 15 minutes.

Yields 5 to 6 dozen cookies.

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